

15<sup>th</sup> April, 6<sup>th</sup>  
May, 3<sup>rd</sup> June,  
24<sup>th</sup> June, 15<sup>th</sup>  
July

Week 1

# Summer Menu



deliciously good food.

At the heart of everything we do is our love of good, fresh and healthy food, prepared by a team who cares!

every week!

Look out for our

★ **Theme Bars** ★

JACKET POTATOES  
WITH ALL THE BEST TOPPING!



**SALAD BAR**

Fresh every day packed with tasty choices!

**MEAL DEAL**

Check out what's on offer today!  
Available for Free School Meals

**ALLERGENS**  
*we're allergy aware!*

Ce = Celery  
Cr = Crustacean  
E = Eggs  
F = Fish  
G = Cereals containing Gluten  
L = Lupin  
Mk = Milk  
Mo = Molluscs  
Mu = Mustard  
N = Nuts  
P = Peanuts  
Se = Sesame Seeds  
So = Soya  
Su = Sulphur Dioxide

Speak to one of our chefs if you have any allergies.



From £2.70

**MAINS**

*Fresh Flavours*

| Mon   | Tue  | Wed  | Thu  | Fri  |
|---|--|--|--|--|
|   | <b>MASALA MOMENTS</b>  | <b>SOUTH AMERICAN CARNIVAL</b>                               |  | <b>FISH &amp; CHIP SHOP</b>                                  |
| Kung Pao Chilli Pork Stir Fry with Peppers (G,So,Mu,Ce) and Noodles (G)   | Keralan Chicken Curry  | Pulled Chicken Tinga Tortilla with Sour Cream (G,Su,Mu,Mk,E) | Classic Italian Slow Cooked Beef Lasagne (G,Mk,E) Served with Chef's Seasonal Salad and Garlic Bread (G,Mk,So) | Battered Fish Fillet (G,F) Cheese and Onion Pastie (G,So,Mk) |
| Steamed Rice<br>Garlic and Chili Roasted Greens                           | Potato, Pea and Cauliflower Roti (G)                         | Chilli Beef Empanadas (G,Mk,E,Ce)                            |  | "Chip Butty" (G,Se,Mk)                                       |
|   | Spicy Indian Rice  | Feijoada Brazilian Black Bean Stew (Su)                      |  | Jumbo Sausage (G,Su) Fish Fingers (G,F,E)                    |
| Kung Pao Quorn Chilli Stir Fry with Pepper (G,So,Mu,E,Ce) and Noodles (E) | Onion Bhaji (G) Or Vegetable Samosa (G)                      | Pepper, Lime and Spring Onion Rice                           | Mediterranean Roasted Vegetable Lasagne (G,Mk,E) Served with Chef's Seasonal Salad and Garlic Bread (G,Mk,So)  | Oven Baked Chips   |
| Steamed Rice<br>Garlic and Chili Roasted Greens                           | Torn Parathas (G) Mango Chutney Green Coriander Chutney (Mk) | Cajun Corn (Mu)  |  | Garden Peas Baked Bean Curry Sauce (Mk)                      |
|   |  | Collard Greens   |  | Chunky Tartare Sauce (Su,E) Ketchup and Lemon                |

From £2.20

**GLOBAL EATS**

**MONDAY**

Jumbo Hot Dog with BBQ Sauce and Sweet Potato Crisps (G,Su,Se,Mu)

**TUESDAY**

Bombay Burrito with Indian Chicken (G,Mu,Mk,E)

**WEDNESDAY**

Chicken Pad Thai with Sweet Chilli Sauce (E)

**THURSDAY**

Wrap with Buffalo Chicken (G)

**FRIDAY**

Fish and Chip Shop

From £2.25

**PASTA BAR**

SERVED EVERYDAY

Freshly Cooked Pasta:

Slow Cooked Beef Bolognaise (G)

Tomato and Basil (G)  
or  
Mac 'n' Cheese (G,Mk)

Served with:  
Home baked Garlic Bread (G,So,Mk)  
Pesto (Mk)  
Cheese (Mk)

From £1.15

**DESSERT**

Selection of home bakes,  
flapjacks, cookies,  
sponges, jelly and fruit  
pots



22<sup>nd</sup> April,  
13<sup>th</sup> May,  
10<sup>th</sup> June,  
1<sup>st</sup> July

Week 2

# Summer Menu



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From £2.70

**MAINS**

Fresh Flavours

| Mon   | Tue  | Wed   | Thu   | Fri  |
|---|--|---|---|--|
|   | <b>BURGER BAR</b>  | <b>CARIBBEAN</b>  |   | <b>FISH &amp; CHIP SHOP</b>  |
| Portuguese Peri Peri Chicken with Coleslaw and potato Wedges (Su,E) | Quarter Pounder Beef Burger (G,Se)<br>Spicy Chicken Burger (G,Se,Mu)<br>Falafel Burger (G,Se)<br>All Served in a Sesame Seed Bun<br><br>Add Mayonnaise (E), Shredded Iceberg, Fried Onions, Ketchup<br><br>Chips / Oven Chips<br>Onion Rings (G)<br><br>Extras<br>Sliced Cheese (Mk)<br>Pineapple<br>Fried Egg (E) | Jamaican Chicken and Pineapple Tray bake<br><br>Jerk Pulled Pork with Tortilla (G) and Banana Salsa<br><br>Tofu and Mango Jamaican Stew (So,Mk)<br><br>Caribbean Coleslaw (So,Mk,E)<br><br>Coconut Rice and Peas (Su)<br><br>Reggae Reggae Baked Sweet Potato Wedges (Mu) | Beef Chilli Con Carne (Mu) with Sour Cream (Mk) and Crushed Nachos<br><br>Steamed Rice<br><br>Vegetarian Mince Chilli Non Carne (So,Ce), Served with Tortilla Chips (G,Mu), Sour Cream (Mk) and Jalapenos<br><br>Steamed Rice | Battered Fish Fillet (G,F)<br><br>Cheese and Onion Pastie (G,So,Mk)<br><br>"Chip Butty" (G,Se,Mk)<br><br>Jumbo Sausage (G,Su)<br><br>Fish Fingers (G,F,E)<br><br>Oven Baked Chips<br><br>Garden Peas<br>Baked Bean<br>Curry Sauce (Mk)<br><br>Chunky Tartare Sauce (Su,E)<br>Ketchup and Lemon |
| Peri Peri Cauliflower Steaks with Coleslaw and Potato Wedges (Su,E) |  |   |   |  |

From £2.20

**GLOBAL EATS**

**MONDAY**

Korean Meatballs with Noodles (G,So,Se,E)

**TUESDAY**

Lamb Shish Kebab and Salad (G,So,Mk,E)

**WEDNESDAY**

Tandoori Chicken with mango chutney and coriander salad (G,Mk,E)

**THURSDAY**

Hot & Spicy Chicken Wrap (G,Su)

**FRIDAY**

Fish and Chip Shop

From £2.25

**PASTA BAR**

SERVED EVERYDAY

Freshly Cooked Pasta:

Slow Cooked Beef Bolognaise (G)

Tomato and Basil (G)  
or  
Mac 'n' Cheese (G,Mk)

Served with:  
Home baked Garlic Bread (G,So,Mk)  
Pesto (Mk)  
Cheese (Mk)

From £1.15

**DESSERT**

Selection of home bakes,  
flapjacks, cookies,  
sponges, jelly and fruit  
pots



29<sup>th</sup> April,  
20<sup>th</sup> May,  
17<sup>th</sup> June  
8<sup>th</sup> July

Week 3

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**Mon**

**Tue**

**Wed**

**Thu**

**Fri**



From £2.70

**MAINS**

*Fresh flavours*

Katsu Breaded Chicken with Steamed Rice and Katsu Curry Sauce (G,So,E)

Katsu Breaded Sweet Potato with Steamed Rice and Katsu Curry Sauce (G,So,E)

★ **TASTE OF AFRICA** ★

Moroccan Chicken Tagine (G)  
Harissa Meatballs in Tomato Sauce (Su,Ce)  
Sweet Potato Falafel with Turmeric Raita (G,So,Mu,Mk)

Mujadara (G,Mk)

Moroccan Carrot & Orange Salad (G,Su)

Grilled Mint Flatbreads (G,So,Mk)

★ **ASIAN FLAVOURS** ★

Crispy Asian Sweet Chilli Chicken (G,So,E)

Szechuan Spiced Pork with Ginger Noodles (G,So,E)

Tofu and Mushroom Mapo Stir Fry (G,So,Mu)

Shredded Asian Slaw (Su,So,Se)

Egg Noodles (G,E)

Coriander Steamed Rice

Spring Rolls (G,So,Mk,E,Ce)

Sticky BBQ Chicken (G,Su,So,Ce) with Potato Wedges and Cowboy Beans (Su,So,G,Ce)

Gnocchi with Roasted Tomato Sauce and Mozzarella Cheese (G,So,Mu,Mk,E) Served with Pesto Green Beans (Mk)

★ **FISH & CHIP SHOP** ★

Battered Fish Fillet (G,F)  
Cheese and Onion Pastie (G,So,Mk)  
"Chip Butty" (G,Se,Mk)  
Jumbo Sausage (G,Su)  
Fish Fingers (G,F,E)

Oven Baked Chips

Garden Peas Baked Bean Curry Sauce (Mk)

Chunky Tartare Sauce (Su,E)  
Ketchup and Lemon

From £2.20

**GLOBAL EATS**

**MONDAY**

Singapore Noodles with Chicken Teriyaki (G,Su,So,E)

**TUESDAY**

Mediterranean Chicken Wrap (G,Su,Mk,E)

**WEDNESDAY**

Fiery Jerk Chicken Burger with Pineapple Salsa (G,Su,Se)

**THURSDAY**

5 Spice Chicken Wrap (G,So,E)

**FRIDAY**

Fish and Chip Shop

From £2.25

**PASTA BAR**

SERVED EVERYDAY

Freshly Cooked Pasta:

Slow Cooked Beef Bolognaise (G)

Tomato and Basil (G)  
or  
Mac 'n' Cheese (G,Mk)

Served with:

Home baked Garlic Bread (G,So,Mk)  
Pesto (Mk)  
Cheese (Mk)

From £1.15

**DESSERT**

Selection of home bakes,  
flapjacks, cookies,  
sponges, jelly and fruit  
pots

